

10 LAWS *of*
the 6TH TOOL



VOL I: LAWS 1-10

Non-Negotiable Truths of Master Living!

By Nate Trosky / Trosky Baseball

The 6th Tool Nation (6TN)

THE WORLD IS FULL OF PEOPLE WITH UNFULFILLED DREAMS.



It's not because of a lack of talent, knowledge and ability, but rather a lack of self-discipline, self-motivation, and mental-makeup, AKA, "The 6th Tool." How do we avoid the "Great Disparity" of what people set out to accomplish and what they actually accomplish?

Those that accomplish what they set out to accomplish, "The Masters," aren't consumed with the distractions of life. They live by the principle of keeping the "Main Thing the Main Thing," focused living of 'Simplifying the Complex!'

The 10 Laws of the 6th Tool are the “Main Thing,” non-negotiable principles that govern “Master Living.” They’re changeless and timeless truths that remain the same. They’re the Laws of the Universe, like the Law of Gravity; the higher you fall, the harder you land; undefiable, undeniable!

As you learn the Laws, challenge yourself to know them like you know your name. Natural, easy, unconscious and spontaneous! Read them, teach them, memorize them, and as you do you will turn knowledge into application and soon become an Elite Member of the 6th Tool Nation!

Better Every Day!

Nate Trosky

CEO: 6th Tool Nation



THANK YOU!



I would like to thank Grandpa Hal for his inspiration, as well as my parents, my family, my Lord and Savior JesuChristo, and the many coaches, teachers, and mentors that have contributed to my development as an influencer in the baseball community!

Thank you all!

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1

THE LAW OF THE PROCESS



To anything and everything there's
a process to succeed. In order
to succeed in a specific area;
you must find, learn, and own the
process, 1-day at a time!

2

THE LAW OF UNINTENDED CONSEQUENCES



What's left unintended goes unintended, and what goes unintended will soon diminish and decline. The longer the time, the greater the decline. Identify what needs to be attended to and attend to it!

3

THE LAW OF MUTUAL EXCHANGE



You receive in life in direct proportion to what you give. The more you give, the more you receive, therefore if you want to be in the business of receiving, you must be the CEO of giving!

4

THE LAW OF ALIGNMENT



You can't live without self-discipline, values and principle and expect life to give you what you want. You don't get what you want because you want it, you get what you want because you pay the price! The greater the want, the higher the price! Pay the price!

5

THE LAW OF CHANGE



Nothing changes if nothing changes, therefore if you want something to change, make a change! Are you insane? Of course not, then make a change!

6

THE LAW OF YOUR FUTURE



The best way to predict your future is to create it one day at a time, Today + Today + Today + Today. If you want a great tomorrow give your best today.

Success is a mansion where the mortgage is due everyday!

7

THE LAW OF ADVERSITY



Adversity's coming so get ready, get ready to get better because adversity is the highest form of education and the greatest teacher and motivator in the world. How you respond to it defines you. Embrace it! Accept it! Befriend it!

8

THE LAW OF FEELING GOOD



1/3 of the time you feel great, 1/3 of the time you feel just ok, and a 1/3 of the time you don't feel good at all. Regardless of how you feel, give 100% of what you've got because feeling good's Overrated!

9

THE LAW OF SELF-MASTERY



If you Master yourself, the opponent doesn't matter, because the real opponent is you. You versus You!
Master yourself; Self-Motivation, Self-Discipline, Self Confidence, Self-Control, Self-Awareness and Self-Sacrifice!

10

THE LAW OF TIME



Time is the most valuable and resource known to the human race. A commodity dispersed equally amongst all. Time is like money, you can spend it anyway you like, but you can never get it back. The way you spend it, defines who you're and who you will become. Spend it wisely, Time!



HAL TROSKY / WHEATIES CEREAL

In 1936, Grandpa Hal Trosky had his best major league season and Wheaties honored him on the cover of their cereal box. For every home run he hit, he was given a case of Wheaties. That season, after belting 42 home runs and driving in 162 RBI's, Grandpa received over 1000 boxes of cereal. During the cold winter months of the Great Depression, Grandpa made his way around the small towns and farms and delivered boxes of Wheaties to less fortunate families.

Grandpa was a "Giver," a "Difference Maker," and around the great corn state of Iowa he is remembered as a generous man that gave freely to those in need.

